SERVICE DELIVERABLES FOR BLOOD ANALYSIS

Research Use only

All listed biomarkers are available for Serum and Heparin plasma samples.

Biomarkers marked with * are not available for EDTA plasma samples.

Biomarkers marked with ** are not available for Citrate plasma samples.

Name	Unit	Name	Unit
Cholesterol		Branched-chain amino acids	
Total cholesterol	mmol/l	Isoleucine	mmol/l
VLDL cholesterol	mmol/l	Leucine	mmol/l
Remnant cholesterol (non-HDL, non-LDL -cholesterol)	mmol/l	Valine	mmol/l
LDL cholesterol	mmol/l		
HDL cholesterol	mmol/l	Aromatic amino acids	
HDL2 cholesterol	mmol/l	Phenylalanine	mmol/l
HDL3 cholesterol	mmol/l	Tyrosine	mmol/l
Total esterified cholesterol	mmol/l	i yiosiile	11111101/1
Total free cholesterol	mmol/l	Glycolysis related metabolites	
Glycerides and phospholipids		Glucose	mmol/l
T () () ()	.,,	Lactate	mmol/l
Total triglycerides	mmol/l	Pyruvate *	mmol/l
Triglycerides in VLDL	mmol/l	Citrate **	mmol/l
Triglycerides in LDL	mmol/l	Glycerol *	mmol/l
Triglycerides in HDL	mmol/l	Ketone bodies	
Phosphoglycerides	mmol/l	Netolie bodies	
Ratio of triglycerides to phosphoglycerides	ratio	Acetate	mmol/l
Total cholines	mmol/l	Acetoacetate	mmol/l
Phosphatidylcholines	mmol/l	Beta-hydroxybutyrate	mmol/l
Sphingomyelins Apolipoproteins	mmol/l	Fluid balance	
Apolipoprotein B	g/l	Creatinine	mmol/l
Apolipoprotein A1	g/l	Albumin si	gnal area
Ratio of apolipoprotein B to apolipoprotein A1	ratio	Inflammation	
Fatty acids		Glycoprotein acetyls	mmol/l
Total fatty acids	mmol/l	Lipoprotein subclasses	
Degree of unsaturation	degree		
Omega-3 fatty acids	mmol/l	Chylomicrons and extremely large VLDL	
Omega-6 fatty acids	mmol/l	(particle diameters from 75 nm upwards)	
Polyunsaturated fatty acids	mmol/l	Concentration of chylomicrons and extremely large VLDL particle	s mol/l
Monounsaturated fatty acids	mmol/l	Total lipids in chylomicrons and extremely large VLDL	mmol/l
Saturated fatty acids	mmol/l	Phospholipids in chylomicrons and extremely large VLDL	mmol/l
Docosahexaenoic acid	mmol/l	Cholesterol in chylomicrons and extremely large VLDL	mmol/l
Linoleic acid	mmol/l	Cholesteryl esters in chylomicrons and extremely large VLDL	mmol/l
Fatty acid ratios		Free cholesterol in chylomicrons and extremely large VLDL	mmol/l
ratty acid ratios		Triglycerides in chylomicrons and extremely large VLDL	mmol/l
Ratio of omega-3 fatty acids to total fatty acids	%	g.,g	
Ratio of omega-6 fatty acids to total fatty acids	%	Very large VLDL (average diameter 64 nm)	
Ratio of polyunsaturated fatty acids to total fatty acids	%	Concentration of very large VLDL particles	mol/l
Ratio of monounsaturated fatty acids to total fatty acids	%	Total lipids in very large VLDL	mmol/l
Ratio of saturated fatty acids to total fatty acids	%	Phospholipids in very large VLDL	mmol/l
Ratio of docosahexaenoic acid to total fatty acids	%	Cholesterol in very large VLDL	mmol/l
Ratio of linoleic acid to total fatty acids	%	Cholesteryl esters in very large VLDL	mmol/l
Amina asida		Free cholesterol in very large VLDL	mmol/l
Amino acids		Triglycerides in very large VLDL	mmol/l
Alanine	mmol/l		
Glutamine	mmol/l		
Glycine *	mmol/l		
Histidine	mmol/l		

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Name	Unit	Name	Unit
Large VLDL (average diameter 53.6 nm)		Small LDL (average diameter 18.7 nm)	
Concentration of large VLDL particles	mol/l	Concentration of small LDL particles	mol/l
Total lipids in large VLDL	mmol/l	Total lipids in small LDL	mmol/l
Phospholipids in large VLDL	mmol/l	Phospholipids in small LDL	mmol/l
Cholesterol in large VLDL	mmol/l	Cholesterol in small LDL	mmol/l
Cholesteryl esters in large VLDL	mmol/l	Cholesteryl esters in small LDL	mmol/l
Free cholesterol in large VLDL	mmol/l	Free cholesterol in small LDL	mmol/l
Triglycerides in large VLDL	mmol/l	Triglycerides in small LDL	mmol/l
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Medium VLDL (average diameter 44.5 nm)		Very large HDL (average diameter 14.3 nm)	
Concentration of medium VLDL particles	mol/l	Concentration of very large HDL particles	mol/l
Total lipids in medium VLDL	mmol/l	Total lipids in very large HDL	mmol/l
Phospholipids in medium VLDL	mmol/l	Phospholipids in very large HDL	mmol/l
Cholesterol in medium VLDL	mmol/l	Cholesterol in very large HDL	mmol/l
Cholesteryl esters in medium VLDL	mmol/l	Cholesteryl esters in very large HDL	mmol/l
Free cholesterol in medium VLDL	mmol/l	Free cholesterol in very large HDL	mmol/l
Triglycerides in medium VLDL	mmol/l	Triglycerides in very large HDL	mmol/l
Small VLDL (average diameter 36.8 nm)		Large HDL (average diameter 12.1 nm)	
Concentration of small VLDL particles	mol/l	Concentration of large HDL particles	mol/l
Total lipids in small VLDL	mmol/l	Total lipids in large HDL	mmol/l
Phospholipids in small VLDL	mmol/l	Phospholipids in large HDL	mmol/l
Cholesterol in small VLDL	mmol/l	Cholesterol in large HDL	mmol/l
Cholesteryl esters in small VLDL	mmol/l	Cholesteryl esters in large HDL	mmol/l
Free cholesterol in small VLDL	mmol/l	Free cholesterol in large HDL	mmol/l
Triglycerides in small VLDL	mmol/l	Triglycerides in large HDL	mmol/l
Very small VLDL (average diameter 31.3 nm)		Medium HDL (average diameter 10.9 nm)	
Concentration of years small \/I DI norticles	m al/l	Concentration of modium HDL norticles	mal/l
Concentration of very small VLDL particles Total lipids in very small VLDL	mol/l mmol/l	Concentration of medium HDL particles Total lipids in medium HDL	mol/l mmol/l
Phospholipids in very small VLDL	mmol/l	Phospholipids in medium HDL	mmol/l
Cholesterol in very small VLDL	mmol/l	Cholesterol in medium HDL	mmol/l
Cholesteryl esters in very small VLDL	mmol/l	Cholesteryl esters in medium HDL	mmol/l
Free cholesterol in very small VLDL	mmol/l	Free cholesterol in medium HDL	mmol/l
Triglycerides in very small VLDL	mmol/l	Triglycerides in medium HDL	mmol/l
IDL (average diameter 28.6 nm)		Small HDL (average diameter 8.7 nm)	
· -	1/1	,	1/1
Concentration of IDL particles	mol/l	Concentration of small HDL particles	mol/l
Total lipids in IDL	mmol/l	Total lipids in small HDL	mmol/l
Phospholipids in IDL	mmol/l	Phospholipids in small HDL	mmol/l
Cholesterol in IDL	mmol/l	Cholesterol in small HDL	mmol/l
Cholesteryl esters in IDL	mmol/l	Cholesteryl esters in small HDL	mmol/l
Free cholesterol in IDL	mmol/l	Free cholesterol in small HDL	mmol/l
Triglycerides in IDL	mmol/l	Triglycerides in small HDL	mmol/l
Large LDL (average diameter 25.5 nm)		Lipoprotein particle sizes	
Concentration of large LDL particles	mol/l	Average diameter for VLDL particles	nm
Total lipids in large LDL	mmol/l	Average diameter for LDL particles	nm
Phospholipids in large LDL	mmol/l	Average diameter for HDL particles	nm
Cholesterol in large LDL	mmol/l	Deletive linearetain linid concentrations	
Cholesteryl esters in large LDL	mmol/l	Relative lipoprotein lipid concentrations	
Free cholesterol in large LDL	mmol/l	Chylomicrons and extremely large VLDL ratios	
Triglycerides in large LDL	mmol/l	5	0.4
Medium LDL (average diameter 23 nm)		Phospholipids to total lipids ratio in VLDL chylomicrons and extremely large	%
· -		Cholesterol to total lipids ratio in	%
Concentration of medium LDL particles	mol/l	chylomicrons and extremely large VLDL	/0
Total lipids in medium LDL	mmol/l	Cholesteryl esters to total lipids ratio in	%
Phospholipids in medium LDL	mmol/l	cholesteryl esters to total lipids ratio in chylomicrons and extremely large VLDL	70
Cholesterol in medium LDL	mmol/l	Free cholesterol to total lipids ratio in	%
Cholesteryl esters in medium LDL	mmol/l	•	70
Free cholesterol in medium LDL	mmol/l	chylomicrons and extremely large VLDL	%
Triglycerides in medium LDL	mmol/l	Triglycerides to total lipids ratio in	%
		chylomicrons and extremely large VLDL	

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Name	Unit	Name	Unit
Very large VLDL ratios		Very large HDL ratios	
Phospholipids to total lipids ratio in very large VLDL Cholesterol to total lipids ratio in very large VLDL Cholesteryl esters to total lipids ratio in very large VLDL Free cholesterol to total lipids ratio in very large VLDL Triglycerides to total lipids ratio in very large VLDL	% % % % %	Phospholipids to total lipids ratio in very large HDL Cholesterol to total lipids ratio in very large HDL Cholesteryl esters to total lipids ratio in very large HDL Free cholesterol to total lipids ratio in very large HDL Triglycerides to total lipids ratio in very large HDL	% % % %
Large VLDL ratios			
Phospholipids to total lipids ratio in large VLDL Cholesterol to total lipids ratio in large VLDL Cholesteryl esters to total lipids ratio in large VLDL Free cholesterol to total lipids ratio in large VLDL Triglycerides to total lipids ratio in large VLDL	% % % %	Name Large HDL ratios Phospholipids to total lipids ratio in large HDL Cholesterol to total lipids ratio in large HDL	Unit % %
Medium VLDL ratios	,,	Cholesteryl esters to total lipids ratio in large HDL Free cholesterol to total lipids ratio in large HDL	% %
Phospholipids to total lipids ratio in medium VLDL Cholesterol to total lipids ratio in medium VLDL Cholesteryl esters to total lipids ratio in medium VLDL Free cholesterol to total lipids ratio in medium VLDL Triglycerides to total lipids ratio in medium VLDL	% % % %	Triglycerides to total lipids ratio in large HDL Medium HDL ratios Phospholipids to total lipids ratio in medium HDL Cholesterol to total lipids ratio in medium HDL	% % %
Small VLDL ratios		Cholesteryl esters to total lipids ratio in medium HDL Free cholesterol to total lipids ratio in medium HDL	% %
Phospholipids to total lipids ratio in small VLDL Cholesterol to total lipids ratio in small VLDL	% %	Triglycerides to total lipids ratio in medium HDL Small HDL ratios	%
Cholesteryl esters to total lipids ratio in small VLDL Free cholesterol to total lipids ratio in small VLDL Triglycerides to total lipids ratio in small VLDL	% % %	Phospholipids to total lipids ratio in small HDL Cholesterol to total lipids ratio in small HDL Cholesteryl esters to total lipids ratio in small HDL	% % %
Very small VLDL ratios		Free cholesterol to total lipids ratio in small HDL	%
Phospholipids to total lipids ratio in very small VLDL Cholesterol to total lipids ratio in very small VLDL Cholesteryl esters to total lipids ratio in very small VLDL Free cholesterol to total lipids ratio in very small VLDL Triglycerides to total lipids ratio in very small VLDL	% % % %	Triglycerides to total lipids ratio in small HDL If Nightingale is not able to deliver the Service Deliverables do of Nightingale's Service to analyse the data with more to metabolic measures missing for a Sample, there will be no c	han 20% of
IDL ratios		respective Sample.	a.go ioi iiio
Phospholipids to total lipids ratio in IDL Cholesterol to total lipids ratio in IDL Cholesteryl esters to total lipids ratio in IDL Free cholesterol to total lipids ratio in IDL Triglycerides to total lipids ratio in IDL	% % % %		
Large LDL ratios			
Phospholipids to total lipids ratio in large LDL Cholesterol to total lipids ratio in large LDL Cholesteryl esters to total lipids ratio in large LDL Free cholesterol to total lipids ratio in large LDL Triglycerides to total lipids ratio in large LDL	% % % %		
Medium LDL ratios			
Phospholipids to total lipids ratio in medium LDL Cholesterol to total lipids ratio in medium LDL Cholesteryl esters to total lipids ratio in medium LDL Free cholesterol to total lipids ratio in medium LDL Triglycerides to total lipids ratio in medium LDL	% % % %		
Small LDL ratios			
Phospholipids to total lipids ratio in small LDL Cholesterol to total lipids ratio in small LDL Cholesteryl esters to total lipids ratio in small LDL Free cholesterol to total lipids ratio in small LDL Triglycerides to total lipids ratio in small LDL	% % % %		

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